



*Develop your vitality and
boost your life quality*

From Survival to Life – International Gestalt Seminar

A Personal Development Program for Pre-training Students and others interested in Gestalt Therapy

From Survival to Life

Our International Gestalt Seminar at Vihula in Estonia will give you inspiration as well as personal development, and furthermore you will get to know and eventually join the training program at GIS-International.

Boost your Quality of Life

During the week you will learn more about Gestalt Therapy and Methodology. You get the chance to access your hidden resources and activate your vitality and creativity through Gestalt-therapeutic methods and dialogues within the group. You have the opportunity to do personal work, get professional inspiration, and become aware of your own inner resources, qualities, and talents.

The Frame of the Week

Throughout the week you - as a member of the pre-training group - will be mixed with our training groups in a creative and inspiring atmosphere with people from various countries, and hopefully see your way in using Gestalt. You will meet one of the senior leaders from our Faculty. For you, who are interested in Gestalt, the week will be an unforgettable experience of Gestalt work.

Interested in more Gestalt Development

At Vihula in Estonia it will be possible for you to make appointments for a meeting after the seminar in your own country with a senior leader to discuss your possibilities to fulfill your choice of direction.

When and where

Dates: Tue-Sunday, April 24th-29th 2012

Place: Vihula Manor Country Club, Estonia

Program Leader: Soren Ewans Porting

For price, accommodation and transport please see the enclosed information letter.

What to do

Please contact the GIS office at e-mail: gis@gis-international.com or tel: +45 5947 0017. If it is your first time attending a GIS arrangement you will be contacted by one of our senior leaders for an interview.

There is limited space to this program so sign up as soon as possible! Deadline for applying is March 20th 2012 to the GIS office.

Warm Regards from

GIS-International – Lectures for Life

Gestalt Institute of Scandinavia, GIS-International ApS

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Certified by EAP (The European Association for Psychotherapy), EAGT (The European Association for Gestalt Therapy) and PF (Psykoterapeut Foreningen)